

Soprano and Tenor Exercises

Week 1

- Look at the key signature and the meter signature.
- Quickly tune to the tonic note when you hear the triad.
- Sing the first time as fast as you can manage. Sing the actual reading slowly and deliberately. It will be helpful to use the click track as you practice.

Day 1

Exercise A

CD click 1
w/o click 2
Answer 17



Exercise B

CD click 5
w/o click 6



Exercise C

CD click 1
w/o click 2



Day 2

Exercise A

CD click 5
w/o click 6



Exercise B

CD click 1
w/o click 2
Answer 18



Exercise C

CD click 1
w/o click 2



Day 3

Exercise A

CD click 1
w/o click 2



Exercise B

CD click 7
w/o click 8



Exercise C

CD click 1
w/o click 2
Answer 19



Day 4

Exercise A

CD click 1
w/o click 2



Exercise B

CD click 7
w/o click 8
Answer 20



Exercise C

CD click 5
w/o click 6



Day 5

Exercise A

CD click 7
w/o click 8
Answer 21



Exercise B

CD click 1
w/o click 2



Exercise C

CD click 5
w/o click 6



Soprano and Tenor Exercises

Week 2

- **Sing strongly. It will keep your confidence high.**
- **Look ahead. Keep your eyes moving to the next group of notes.**
- **Do NOT stop! Try to make it through the exercise in thirty seconds.**

Day 1

Exercise A

CD click 1
w/o click 2



Exercise B

CD click 13
w/o click 14



Exercise C

CD click 1
w/o click 2
Answer 22



Day 2

Exercise A

CD click 7
w/o click 8



Exercise B

CD click 1
w/o click 2



Exercise C

CD click 13
w/o click 14
Answer 23



Day 3

Exercise A

CD click 1
w/o click 2



Exercise B

CD click 9
w/o click 10
Answer 24



Exercise C

CD click 5
w/o click 6



Day 4

Exercise A

CD click 9
w/o click 10



Exercise B

CD click 5
w/o click 6
Answer 25



Exercise C

CD click 1
w/o click 2



Day 5

Exercise A

CD click 1
w/o click 2
Answer 26



Exercise B

CD click 5
w/o click 6



Exercise C

CD click 5
w/o click 6



Soprano and Tenor Exercises

Week 3

- Always keep the tonic note in your inner ear.
- If you come to a difficult skip, use "fill-in-the-blank" singing. Sing the first note of the interval, then sing every note between it and the second note you are trying to sing as if it were a scale. Sing that twice quickly, then sing the outside two notes by themselves. THAT is your interval.

Day 1

Exercise A

CD click 1
w/o click 2



Exercise B

CD click 5
w/o click 6



Exercise C

CD click 1
w/o click 2



Day 2

Exercise A

CD click 9
w/o click 10



Exercise B

CD click 1
w/o click 2



Exercise C

CD click 13
w/o click 14



Day 3

Exercise A

CD click 5
w/o click 6



Exercise B

CD click 7
w/o click 8



Exercise C

CD click 1
w/o click 2



Day 4

Exercise A

CD click 1
w/o click 2



Exercise B

CD click 13
w/o click 14



Exercise C

CD click --
w/o click 6



Day 5

Exercise A

CD click 1
w/o click 2



Exercise B

CD click 5
w/o click 6



Exercise C

CD click --
w/o click 6



Soprano and Tenor Exercises

Week 4

- **Take a BIG BREATH** before you sing the tonic triad.
- **Take another BIG BREATH** before you begin your study period.
- **Take a slow cleansing breath** between the study period and your actual reading. **Take a BIG BREATH** to begin the final reading.

Day 1

Exercise A

CD click 7
w/o click 8



Exercise B

CD click 1
w/o click 2



Exercise C

CD click 5
w/o click 6



Day 2

Exercise A

CD click 5
w/o click 6



Exercise B

CD click 9
w/o click 10



Exercise C

CD click 1
w/o click 2



Day 3

Exercise A

CD click 13
w/o click 14



Exercise B

CD click 1
w/o click 2



Exercise C

CD click 7
w/o click 8



Day 4

Exercise A

CD click 5
w/o click 6



Exercise B

CD click 9
w/o click 10



Exercise C

CD click 1
w/o click 2



Day 5

Exercise A

CD click 1
w/o click 2



Exercise B

CD click 5
w/o click 6



Exercise C

CD click 9
w/o click 10



Soprano and Tenor Exercises

Week 5

- Learn and use your Kodály hand signs.
- Keep a steady pulse, moving your arm or hand in tempo.
- Show pitch level by moving your hand signs up and down as the pitches move up and down.

Day 1

Exercise A

CD click 1
w/o click 2



Exercise B

CD click 9
w/o click 10



Exercise C

CD click 5
w/o click 6



Day 2

Exercise A

CD click 1
w/o click 2



Exercise B

CD click 5
w/o click 6



Exercise C

CD click 13
w/o click 14



Day 3

Exercise A

CD click 5
w/o click 6



Exercise B

CD click 7
w/o click 8



Exercise C

CD click 1
w/o click 2



Day 4

Exercise A

CD click 5
w/o click 6



Exercise B

CD click 9
w/o click 10



Exercise C

CD click 1
w/o click 2



Day 5

Exercise A

CD click 5
w/o click 6



Exercise B

CD click 1
w/o click 2



Exercise C

CD click 7
w/o click 8



Soprano and Tenor Exercises

Week 6

- Remember . . . rhythm is one-half of good sight singing. Be comfortable with how rhythm is notated so that you can sing with rhythmic accuracy.
- Your brain processes rhythm faster than pitch. Do NOT rush!
- Be sure to give the final note its full value.

Day 1

Exercise A

CD click 1
w/o click 2



Exercise B

CD click 7
w/o click 8



Exercise C

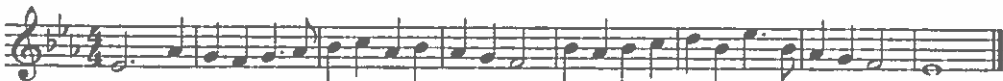
CD click 5
w/o click 6



Day 2

Exercise A

CD click 9
w/o click 10



Exercise B

CD click 1
w/o click 2



Exercise C

CD click 5
w/o click 6



Day 3

Exercise A

CD click 7
w/o click 8



Exercise B

CD click 5
w/o click 6



Exercise C

CD click 1
w/o click 2



Day 4

Exercise A

CD click 1
w/o click 2



Exercise B

CD click 5
w/o click 6



Exercise C

CD click 13
w/o click 14



Day 5

Exercise A

CD click 13
w/o click 14



Exercise B

CD click 13
w/o click 14



Exercise C

CD click --
w/o click 6



Soprano and Tenor Exercises

Week 7

- **Know your key signatures. This is necessary so you can quickly locate the tonic note.**
- **Remember that sometimes the starting pitch will NOT be the tonic note.**
- **Be sure to sing the starting pitch strongly.**

Day 1

Exercise A

CD click 1
w/o click 2



Exercise B

CD click 5
w/o click 6



Exercise C

CD click 7
w/o click 8



Day 2

Exercise A

CD click 5
w/o click 6



Exercise B

CD click 1
w/o click 2



Exercise C

CD click 7
w/o click 8



Day 3

Exercise A

CD click 1
w/o click 2



Exercise B

CD click 7
w/o click 8



Exercise C

CD click 5
w/o click 6



Day 4

Exercise A

CD click 5
w/o click 6



Exercise B

CD click 9
w/o click 10



Exercise C

CD click 1
w/o click 2



Day 5

Exercise A

CD click 1
w/o click 2



Exercise B

CD click 5
w/o click 6



Exercise C

CD click 13
w/o click 14



Soprano and Tenor Exercises

Week 8

- **Alternate practicing with the click track, then without it.**
- **Move slowly and steadily so that your eyes move ahead at an even pace.**
- **Do not stop in your actual reading. Pauses are rhythmic mistakes.**

Day 1

Exercise A
CD click 1
w/o click 2



Exercise B
CD click 13
w/o click 14




Exercise C
CD click 5
w/o click 6




Day 2


Exercise A
CD click 1
w/o click 2



Exercise B
CD click 5
w/o click 6



Exercise C
CD click 1
w/o click 2



Day 3

Exercise A

CD click 5
w/o click 6



Exercise B

CD click 1
w/o click 2



Exercise C

CD click 7
w/o click 8



Day 4

Exercise A

CD click 1
w/o click 2



Exercise B

CD click 5
w/o click 6



Exercise C

CD click 7
w/o click 8



Day 5

Exercise A

CD click 1
w/o click 2



Exercise B

CD click 5
w/o click 6



Exercise C

CD click 13
w/o click 14



Soprano and Tenor Exercises

Week 9

- **Confidence is everything in sight singing.**
- **Tell yourself that you will improve each day.**
- **Judge yourself fairly. Do not be overcritical of yourself when you make a mistake. Remember, this is only practice.**

Day 1

Exercise A

CD click 5
w/o click 6



Exercise B

CD click 9
w/o click 10



Exercise C

CD click --
w/o click 8



Day 2

Exercise A

CD click 5
w/o click 6



Exercise B

CD click 13
w/o click 14



Exercise C

CD click 1
w/o click 2



Day 3

Exercise A

CD click 5
w/o click 6



Exercise B

CD click 7
w/o click 8



Exercise C

CD click 9
w/o click 10



Day 4

Exercise A

CD click 1
w/o click 2



Exercise B

CD click 7
w/o click 8



Exercise C

CD click 5
w/o click 6



Day 5

Exercise A

CD click 1
w/o click 2



Exercise B

CD click --
w/o click 6



Exercise C

CD click 5
w/o click 6



Soprano and Tenor Exercises

Week 10

- Check your key AND meter signatures before you begin.
- Using your key signature and tonic triad, find the starting pitch. Remember that sometime the starting pitch will NOT be the tonic note.
- Sight singing is great "sport." Have fun. Judge yourself. Get stronger every day!

Day 1

Exercise A
CD click 1
w/o click 2

Exercise A is a 16-measure melodic line in 4/4 time with a key signature of one sharp (F#). The notes are: G4, A4, B4, C5, B4, A4, G4, F#4, G4, A4, B4, C5, B4, A4, G4, F#4.

Exercise B
CD click 7
w/o click 8

Exercise B is a 16-measure melodic line in 4/4 time with a key signature of two sharps (D# and F#). The notes are: D4, E4, F#4, G4, F#4, E4, D4, C#4, D4, E4, F#4, G4, F#4, E4, D4, C#4.

Exercise C
CD click 5
w/o click 6

Exercise C is a 16-measure melodic line in 4/4 time with a key signature of two sharps (D# and F#). The notes are: D4, E4, F#4, G4, F#4, E4, D4, C#4, D4, E4, F#4, G4, F#4, E4, D4, C#4.

Day 2

Exercise A
CD click 5
w/o click 6

Exercise A is a 16-measure melodic line in 4/4 time with a key signature of two sharps (D# and F#). The notes are: D4, E4, F#4, G4, F#4, E4, D4, C#4, D4, E4, F#4, G4, F#4, E4, D4, C#4.

Exercise B
CD click 1
w/o click 2

Exercise B is a 16-measure melodic line in 4/4 time with a key signature of one sharp (F#). The notes are: G4, A4, B4, C5, B4, A4, G4, F#4, G4, A4, B4, C5, B4, A4, G4, F#4.

Exercise C
CD click 13
w/o click 14

Exercise C is a 16-measure melodic line in 4/4 time with a key signature of two sharps (D# and F#). The notes are: D4, E4, F#4, G4, F#4, E4, D4, C#4, D4, E4, F#4, G4, F#4, E4, D4, C#4.

Day 3

Exercise A

CD click 1
w/o click 2



Exercise B

CD click 13
w/o click 14



Exercise C

CD click 5
w/o click 6



Day 4

Exercise A

CD click 7
w/o click 8



Exercise B

CD click 1
w/o click 2



Exercise C

CD click 9
w/o click 10



Day 5

Exercise A

CD click 1
w/o click 2



Exercise B

CD click 7
w/o click 8



Exercise C

CD click 5
w/o click 6




Soprano and Tenor Exercises

Week 11


- Listen to yourself as you sing.
- Go as quickly as you can hear the pitches in your "ear-magination."
- Progress is made a step at a time. Practice each day using the same process, and you will experience success over time.

Day 1


Exercise A
CD click 13
w/o click 14



Exercise B
CD click 1
w/o click 2




Exercise C
CD click 7
w/o click 8




Day 2


Exercise A
CD click 1
w/o click 2



Exercise B
CD click 5
w/o click 6



Exercise C
CD click 9
w/o click 10



Day 3

Exercise A

CD click 5
w/o click 6



Exercise B

CD click 1
w/o click 2



Exercise C

CD click 7
w/o click 8



Day 4

Exercise A

CD click 1
w/o click 2



Exercise B

CD click 9
w/o click 10



Exercise C

CD click 5
w/o click 6



Day 5

Exercise A

CD click 1
w/o click 2



Exercise B

CD click 5
w/o click 6



Exercise C

CD click 13
w/o click 14



Soprano and Tenor Exercises

Week 12

- Scan the entire exercise for tricky rhythm patterns.
- During the study period, go fast, yet steadily.
- S...l...o...w.....d...o...w...n.....during the actual reading.

Day 1

Exercise A

CD click 5
w/o click 6



Exercise B

CD click 9
w/o click 10



Exercise C

CD click 1
w/o click 2



Day 2

Exercise A

CD click 7
w/o click 8



Exercise B

CD click 1
w/o click 2



Exercise C

CD click 5
w/o click 6



Day 3

Exercise A

CD click 1
w/o click 2



Exercise B

CD click 5
w/o click 6



Exercise C

CD click 7
w/o click 8



Day 4

Exercise A

CD click 1
w/o click 2



Exercise B

CD click 9
w/o click 10



Exercise C

CD click 5
w/o click 6



Day 5

Exercise A

CD click 5
w/o click 6



Exercise B

CD click 9
w/o click 10



Exercise C

CD click 5
w/o click 6



Soprano and Tenor Exercises

Week 13

- Sing your tune-up very strong and confidently.
- Take another **BIG BREATH** before you begin your study period.
- Tune **STRONGLY**, then study **QUICKLY**, so that you efficiently scan the entire exercise.

Day 1

Exercise A
CD click 1
w/o click 2

Exercise B
CD click 9
w/o click 10

Exercise C
CD click 5
w/o click 6

Day 2

Exercise A
CD click 7
w/o click 8

Exercise B
CD click 1
w/o click 2

Exercise C
CD click 13
w/o click 14

Day 3

Exercise A

CD click 9
w/o click 10



Exercise B

CD click 1
w/o click 2



Exercise C

CD click 5
w/o click 6



Day 4

Exercise A

CD click 1
w/o click 2



Exercise B

CD click 5
w/o click 6



Exercise C

CD click 7
w/o click 8



Day 5

Exercise A

CD click 7
w/o click 8



Exercise B

CD click 9
w/o click 10



Exercise C

CD click --
w/o click 2



Soprano and Tenor Exercises

Week 14

- Scan the entire exercise quickly before you start the study period.
- Study aggressively . . . Move purposely . . . Sing the difficult spots more than once.
- During performance . . . sing at a slow, even pace. Practice with the click track.

Day 1

Exercise A
CD click 13
w/o click 14

Exercise B
CD click 1
w/o click 2

Exercise C
CD click 5
w/o click 6

Day 2

Exercise A
CD click 7
w/o click 8

Exercise B
CD click 9
w/o click 10

Exercise C
CD click 5
w/o click 6

Day 3

Exercise A

CD click 9
w/o click 10



Exercise B

CD click 5
w/o click 6



Exercise C

CD click 1
w/o click 2



Day 4

Exercise A

CD click 1
w/o click 2



Exercise B

CD click 5
w/o click 6



Exercise C

CD click 13
w/o click 14



Day 5

Exercise A

CD click 7
w/o click 8



Exercise B

CD click -
w/o click 10



Exercise C

CD click 5
w/o click 6



Soprano and Tenor Exercises

Week 15

- Sing during the study period. Do not study silently.
- Rehearse confidently so you will perform the same way.

Day 1

Exercise A

CD click 9
w/o click 10



Exercise B

CD click 5
w/o click 6



Exercise C

CD click 7
w/o click 8



Day 2

Exercise A

CD click 1
w/o click 2



Exercise B

CD click 5
w/o click 6



Exercise C

CD click 7
w/o click 8



Day 3

Exercise A

CD click 5
w/o click 6



Exercise B

CD click 7
w/o click 8



Exercise C

CD click 9
w/o click 10



Day 4

Exercise A

CD click --
w/o click 10



Exercise B

CD click 7
w/o click 8



Exercise C

CD click 1
w/o click 2



Day 5

Exercise A

CD click 7
w/o click 8



Exercise B

CD click 1
w/o click 2



Exercise C

CD click 9
w/o click 10



Soprano and Tenor Exercises

Week 16

- **Keep your eyes moving from left to right.**
- **Remember to use "fill-in-the-blank" singing for the difficult intervals.**
- **Use your hand signs deliberately! Show pitch level with level of hand signs.**

Day 1

Exercise A
CD click 5
w/o click 6

Exercise B
CD click 9
w/o click 10

Exercise C
CD click 7
w/o click 8

Day 2

Exercise A
CD click 5
w/o click 6

Exercise B
CD click 13
w/o click 14

Exercise C
CD click 9
w/o click 10

Day 3

Exercise A

CD click 5
w/o click 6



Exercise B

CD click 9
w/o click 10



Exercise C

CD click 7
w/o click 8



Day 4

Exercise A

CD click 5
w/o click 6



Exercise B

CD click 1
w/o click 2



Exercise C

CD click 7
w/o click 8



Day 5

Exercise A

CD click 13
w/o click 14



Exercise B

CD click 5
w/o click 6



Exercise C

CD click -
w/o click 2



Soprano and Tenor Exercises

Week 17

- Use the same practice routine every day! Rehearse in the proper sequence to obtain the maximum benefit.
- Tune **STRONGLY**, then study **QUICKLY**, so that you efficiently scan the entire exercise.
- Read at a **DELIBERATE** pace . . . Don't Stop!

Day 1

Exercise A

CD click 5
w/o click 6



Exercise B

CD click 1
w/o click 2



Exercise C

CD click 13
w/o click 14



Day 2

Exercise A

CD click 5
w/o click 6



Exercise B

CD click 9
w/o click 10



Exercise C

CD click 13
w/o click 14



Day 3

Exercise A

CD click 5
w/o click 6



Exercise B

CD click 9
w/o click 10



Exercise C

CD click 13
w/o click 14



Day 4

Exercise A

CD click 1
w/o click 2



Exercise B

CD click 5
w/o click 6



Exercise C

CD click 7
w/o click 8



Day 5

Exercise A

CD click 7
w/o click 8



Exercise B

CD click 9
w/o click 10



Exercise C

CD click --
w/o click 14



Soprano and Tenor Exercises

Week 18

- Remember, practice will make you a more literate musician.
- Your hard work will take time to pay off. **BE PATIENT!**
- You are developing a life-long skill for more musical pleasure. **BRAVO!**

Day 1

Exercise A

CD click 5
w/o click 6



Exercise B

CD click --
w/o click 8



Exercise C

CD click 1
w/o click 2



Day 2

Exercise A

CD click 13
w/o click 14



Exercise B

CD click 7
w/o click 8



Exercise C

CD click 1
w/o click 2



Day 3

Exercise A

CD click 13
w/o click 14



Exercise B

CD click -
w/o click 2



Exercise C

CD click 5
w/o click 6



Day 4

Exercise A

CD click 7
w/o click 8



Exercise B

CD click 9
w/o click 10



Exercise C

CD click 7
w/o click 8



Day 5

Exercise A

CD click 9
w/o click 10



Exercise B

CD click 5
w/o click 6



Exercise C

CD click -
w/o click 2

